

## **Zesty Pork Burgers**

### **Ingredients:**

1 lb ground pork

1/3 cup parmesan cheese

1/2 teaspoon red pepper flakes

1/2 teaspoon Table Rock Rub (garlic powder, kosher salt, pepper, ground mustard, parsley flakes) or other seasoning of your choice.

### **Directions**

1. Pre-heat grill to 350 degrees.
2. Mix together one pound ground pork, seasonings, 1/2 teaspoon red pepper flakes, 1/4 cup shredded parmesan cheese.
3. Form seasoned ground pork into four patties.
4. Grill on first side for about 7 minutes.
5. Grill on second side for about 5 minutes.

When the internal temperature reaches 150 degrees, burger is done.